

Life Education

Prep/1/2 went to see Healthy Harold in the Life Education van on the 20th August. The van arrived early in the morning to set up ready for the classes.

They learnt about 'Friendship and Safety' - How to be a good friend, helping, sharing, playing nicely etc.

Healthy Foods—The five groups:
Fruit, Vegetables, Protein, Dairy and Grains.

- Sometimes foods and Everyday foods.
- Students were sorted into groups to place food items into the correct group

SAFETY: Call 000 for assistance/HELP — **Police, Ambulance, Fire Brigade**

- Safety at school (who can we talk to)
- Safety at home
- Safety in and emergency

People who look after us to keep us safe are those above.

Yr 4/5/6 students learnt about **Cyber safety**. The students had so much prior knowledge about this subject, but

learnt that we must check with an adult if it doesn't feel quite right. Be aware of predators on the web and only talk to people that we already know. The students listened well.



Senior Students



The year 6 students look fabulous in their newly designed Senior shirts.





On Wednesday 22nd August students from Central school went to Alexandra Park to participate in sessions which the Bundaberg State High School students had organized. The students organized all the activities for the morning and were being marked for an assessment at school. Prep-1-2-3 took a bus ride and yr 4-5-6 walked.



On arrival our students along with every other school in the district could wander about going from tent to tent, interacting with the high school students. They could make masks at one tent, listen to a story at another, have their face painted, watch a play, eat fruit, watch a smoking ceremony from the local



Indigenous group, watch some science experiments and have a game of giant chess. Now that was fun!



"Read To Grow"



They also sat inside a police car in the driver's seat! Some students talked to the police on the two way radio and were able to get the flashing lights on the car working. Our students had a great time. We think the high school students will get great results on their assessments. All students enjoyed the day and we hope to go again next year.

